





DAILY - REGULAR ACTIVITIES Monday-Saturday

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 8:15 Exercise Video 8:30 Chair Dancing 9:00 Paper Mache' 9:00 Bridge Classes 1:00 Train Domino's 1:00 " 42" Dominos 1:30 Ceramics/Tatting 1:30 Health docuseries 4:00 Exercise Video | 8:15 Exercise Video 8:30 Chair Dancing 8:30 Woodwork class Blood Pressure 9-11 Interminate L Dance 1:00 Karaoke 1:00 Bridge 1:30 Ceramics/Card Stitche 4:00 Exercise Video | 8:15 Exercise Video 8:30 Chair Dancing 9:00 TOPS club Line Dance see calendar 9:30 Jewelry Class 1:00 Wood burning class 1:00 Train-Dominos 1:00 Bridge 1:30 Sewing 4:00 Exercise Video 6:30 Dance Lessons | 8:15 Exercise Video 9:00 Hearing Service 5 & 19 9-11:30 Painting Class 1 - 4 Open Art Studio 1:00 Bridge 1:30-3:00 Beginner's L Dance 1:30 Swedish Weaving 2:00 Play-Texas Hold 'Em 4:00 Exercise video 6:30 Stained Glass Class 7:00 Dance/covered dish | 8:15 Exercise Video 8:30 Chair Dancing 9:00 Paper Mache' 1:00 Bridge 1:30 Bingo |  7:00 Dance  |

SPECIAL EVENTS for the month of September

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| (2)  | (3) 9:00 Blood Pressure Cks Beverly | (4) 9 am Advisory Council 9:30-Adv. Line Dance No Western Dance Lesson tonight | (5) 9-11 Hearing Service 7:00 Dance/covered dish Old School Senior Center | (6) | (7) 11 am Moose Lodge Luncheon 9:00 am Dragon Fly Festival @ Bitter Lakes 7pm/Old School Band Bob, Janet, Bennie |
| (9) 1:30-Docuseries Reversing Diabetes | (10) 9-11 Free Watch Batteries 10:30 - Grief Share 10-Blood Pres./Diabetes J & J Home Care | (11) 9-10 -L. Dance @ Good Life 9:00am Shopping at Fabric Stores only in Roswell Evening Dance lessons start | (12) 9-11:30 Painters / lunch 1-4 Open Art Studio 7:00 Dance/covered dish Cibolo Springs Western Bank | (13) Blood Drive 2 - 5:30 pm | (14) 9:30 Craft Class 10:30-Carlsbad Fun Day/Bingo 7:00 Dance Cibolo Springs Hostesses: Rita & Rosie |
| (16) 4:30 Dinner in Artesia Pop's Diner 1:30-Docuseries Reversing Diabetes | (17) 9:00 Blood Pressure Cks Beverly | (18) 9-11 Line Dance @ Invigorate 11-12 Library Hour 12:00 noon Birthday Luncheon Tacos  | (19) 9-11 Hearing Service 6:00-Knife Sharpening 7:00 Dance/covered dish Timberon Express J & J Home Care | (20) 10:00 AM Garden Club | (21) 7:00 Dance Timberon Express Rosie, Rita & Libby |
| (23) 1:30-Docuseries Reversing Diabetes | (24) 8:30 Black Gold Casino 10-Blood Pres./Diabetes J & J Home Care | (25) 9:30-Adv. Line Dance 8-3 Flu Shots | (26) 7:00 Dance/ covered dish County Line First American | (27) | (28) 8:30 Chile cheese Festival/Fun Day 7:00 Dance County Line Hostesses- Linda & Libby |
| (30) 10:00 Macramé Class 1:30-Docuseries Reversing Diabetes |  | | Trips  | Sept. 7th-Dragon Fly Festival 9:00am Sept. 11- Roswell Fabric Store Trip 9:00am Sept. 14th-Carlsbad Fun Day/Bingo 11am Sept. 16th-Pop's Diner 4:30pm Sept. 24th- Black Gold Casino 8:30am Sept. 28th-Chili Cheese Festival/Fun Day 8:30am | |